



## **Jeanne Marie Clark, M.D., M.P.H.**

### **Titles & Department**

Professor of Medicine  
Director of the Division of General Internal Medicine  
Executive Director of the Brancati Center for the Advancement of  
Community Care

### **Specialization Area**

Obesity, diabetes, and nonalcoholic fatty liver disease.

### **Unmet Need**

Improve understanding and medical care approaches for obesity and diabetes treatment.

### **Summary of Research & Work**

Dr. Clark's has conducted and published obesity-related translational and epidemiological studies to advance our understanding of obesity and obesity-related pathologies, elevate patient care and diagnosis, and improve both the health of patients and communities. She is also a key investigator and major contributor to pioneering clinical trials such as the Practice-based Opportunities for Weight Reduction trial (POWER), the Exercise and Quality diet After Leukemia (The EQUAL Study), the Action for Health in Diabetes trial (Look AHEAD), and the Diabetes Prevention Program trial (DPP). She is also dedicated to improving the health of communities, both locally in Baltimore and on the national level. As the Executive Director of the Brancati Center for the Advancement of Community Care, Dr. Clark establishes health-focused innovative collaborations with both communities across the country and commercial partners. Through these collaborations, Dr. Clark works to create a more representative and responsive healthcare workforce in communities and increase the prevalence of health programs in communities.

### **Value Proposition**

- Evaluate effectiveness of primary care practice behavioral interventions in weight loss.
- Examine effects of lifestyle intervention on weight loss and mortality in diabetes patients.
- Determine if pharmacological intervention can prevent or delay the onset of diabetes.

### **Recent Publications**

- Clark JM, Cryer DRH, Morton M, Shubrook JH. Nonalcoholic fatty liver disease from a primary care perspective. *Diabetes Obes. Metab.* 2023.
- Turkson-Ocran RAN, Dougherty RJ, Duan D, Pilla SJ, Schrack JA, Clark JM, Maruthur NM. Abstract 14318: The Effect of Time-Restricted Eating on Physical Activity: Results From the Time-Restricted Intake of Meals (Trim) Randomized Trial. *Circulation.* 2022; 146(Suppl\_1).
- Look AHEAD Research Group, Wing RR, Bolin P, Brancati FL, Bray GA, Clark JM, Coday M, Crow RS, Curtis JM, Egan CM, Espeland MA, Evans M, Foreyt JP, Ghazarian S, Gregg EW, Harrison B, Hazuda HP, Hill JO, Horton ES, Hubbard VS, Jakicic JM, Jeffery RW, Johnson KC, Kahn SE, Kitabchi AE, Knowler WC, Lewis CE, Maschak-Carey BJ, Montez MG, Murillo A, Nathan DM, Patricio J, Peters A, Pi-Sunyer X, Pownall H, Reboussin D, Regensteiner JG,

Rickman AD, Ryan DH, Safford M, Wadden TA, Wagenknecht LE, West DS, Williamson DF, Yanovski SZ. Cardiovascular effects of intensive lifestyle intervention in type 2 diabetes. N. Engl. J. Med. 2013 Jul 11;369(2):145-54.

### **Awards & Honors**

- CMS Meaningful Use Stage 1 Certification, EpicCare Ambulatory EMR, Epic Systems Corporation, 2013 - 2014
- David M. Levine Excellence in Mentoring Award, Johns Hopkins University School of Medicine, Department of Medicine, 2009
- Vice Dean’s Award for the Advancement of Women in Medicine, Johns Hopkins University School of Medicine, 2012
- Elizabeth and Emily Blackwell Award for Outstanding Contributions to Advancing the Careers of Women in Medicine, American College of Physicians, 2019